



PREVENTATIVE SAFETY MEASURES TO PROTECT AGAINST THE SPREAD OF CORONAVIRUS – SWIMMING LESSONS

In order to protect our customers and staff, Melbourn Sports Centre will be following certain extra procedures on top of those already in general operation at the facility to ensure the best possible preventative safety measures against COVID-19 (coronavirus).

As part of these efforts, we kindly request that all users of the centre and any activities run by MSC adhere to the below.

Before your visit, please note:

- In line with the government's current safety procedures for children's group activities, **all swimming lessons will need to be of limited number, in adherence to current government & Swim England guidelines, and all spaces pre-booked.** We will be operating on a first come, first served basis. Application forms and other relevant documents will be dealt with via online/digital means, to avoid hand-to-hand contact via paper documentation.
- Spaces will need to be pre-booked and paid for in advance, to mitigate personal contact at Reception between staff and customers. If your child is unable to attend a lesson due to prolonged illness, we will credit or refund you for this missed session.
- Please arrive for your lesson **ready changed/'beach ready' and showered** (we recommend dressing gowns and clean, suitable footwear like flipflops).
- Please also bring any swim hats, goggles or armbands/buoyancy aids that your child needs for the lesson, as no loans are currently permitted. **NB. All pre-school and 1A Pupils MUST wear armbands, due to pool placement this term.** If children require help with goggles, hats, armbands etc. parents/guardians need to do this before children are taken onto poolside, as teachers have to maintain a distance, so will be unable to do this. You may purchase these items at Reception if you wish, but please note that card transactions are preferred.
- **Only one parent or guardian** for each child or children of the same family attending should bring the children to the centre, and collect them at the appropriate times. **Please avoid arriving too early;** queuing or waiting around the centre must be avoided to ensure safe social distancing measures are maintained.
- If you or anyone you are responsible for shows any signs of infection for COVID-19, such as high temperature, headaches, continuous cough, change to sense of taste or smell, please DO NOT come to the centre.
- PLEASE ALSO NOTE – if you, your child or anyone within a fixed group tests positive for the virus, there is a possibility that that group may be asked by the government Track & Trace system to self-isolate for a period of 7-14 days, and will therefore not be allowed to attend activities at the centre. If this situation does arise, all missed sessions will be credited to your account.

During your/your child's visit:

- Users must maintain the government-set **social distancing and hand sanitising** measures at all times.
- Please follow all directional changes within the centre, as indicated by signage, arrows and floor markings etc. You will be advised upon arrival where your child should wait to be taken onto poolside, and pupils will be conducted there by a member of staff to ensure that social distancing and safety of all is maintained.
- Any spectating will be strictly limited, in line with government regulations. We therefore ask that **parents/guardians of children over the age of 8 drop children at the centre and either wait in their car or return at the appropriate time to collect children after the session is complete.** Viewing for children under 8 will be strictly limited; please report to Reception if wishing to stay and spectate, so that staff can direct you to selected, designated seats. Social distancing rules must at all times be maintained, so please keep to your designated seat! Please also wear a **face covering** for your time spent throughout the centre.
- Extra space has been created on poolside to ensure safe social distancing can be undertaken **BUT IT IS IMPERATIVE that all pupils strictly adhere to normal poolside safety procedures and follow teachers' instructions,** for the safety of all.
- Swimming teachers will work exclusively with each individual group assigned to them as usual, but they will also maintain correct social distancing throughout, use the same set of equipment throughout and clean any equipment employed during each lesson before it is reused.



- If swimming teachers/instructors need to enter the pool, please be assured that they will do so with strict adherence to social distancing measures UNLESS in the case of an emergency lifesaving situation. Where a life is at risk, normal rescue procedures will apply!
- Changing rooms will only be available for after-swim use. Please note – parents/guardians of children who are unable to get changed on their own should be waiting a few minutes before the end of their child's swimming lesson in the poolside changing rooms, following social distancing measures, to ensure that the time spent in the changing rooms is minimised as much as possible. NO USE OF SHOWERS OR HAIRDRYERS will be allowed during swimming lessons. Allowable users of changing rooms is limited, and we have introduced a 5 minute changeover safety net so we can at least offer brief changing room availability, so **please get dried and changed as quickly as possible!**
- Toilet facilities will be available, but please only use those indicated as being in use during swimming lessons via appropriate signage and directions. Please also adhere to social distancing and hand sanitising measures when using toilet facilities.
- The **use of vending machines is prohibited** during swimming lessons.
- **Exiting the building needs to be via the Squash Court corridor.** Please follow all directions and signage provided for safe exit, taking extra care when leaving the wetside changing rooms or spectating area to ensure that there is no-one else at the passing point.
- You/Your child must adhere to all directions as indicated and instructed by centre staff, for the safety of all. Anyone not doing so will be asked to leave the premises. Any minor whose behaviour is considered as excessively inappropriate with respect to the above COVID-19 measures will be safely isolated from the group and the parent/guardian informed so that they can arrange collection of their child.

Please also note that we at MSC will:

- Ensure that all our staff are familiar with, and enforce where necessary, all preventative measures to help keep the centre and anyone within it safe.
- Maintain a safe social distance.
- Keep the centre well aired and ventilated.
- Use a tissue if we cough or sneeze, and dispose of this immediately and safely.
- Carry out extra cleaning tasks, targeting all touch points including equipment and surfaces, to ensure the centre is as clean as possible.
- In the event of an emergency, we will care for you as normal, but will employ a face mask for close contact in first aid situations.

We will continue to keep you updated on government guidelines and safety measures as and when they change. In the meantime, we thank you for your support and custom. Take care and stay safe!

The MSC Team

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