



## PREVENTATIVE SAFETY MEASURES TO PROTECT AGAINST THE SPREAD OF CORONAVIRUS

In order to protect our customers and staff, Melbourn Sports Centre will be following certain extra procedures on top of those already in general operation at the facility to ensure the best possible preventative safety measures against COVID-19 (coronavirus).

As part of these efforts, we kindly request that all users of the centre and any activities run by MSC adhere to the below.

Before your visit, please note:

- **Swimming Pool** - spaces will need to be pre-booked and paid for in advance, to mitigate personal contact at Reception between staff and customers, and to ensure the recommended number of users is never exceeded. If you are attending as a family, please let staff know at time of booking so that numbers are kept to the new limit. All users are requested to arrive ready changed and showered, as changing rooms are in limited use (after-swim only). Please bring your own water bottles with you if required.
- **Fitness Suite** – use will be limited to maintain safe social distancing. Users must confirm their arrival at Reception before hands-free swipe-in admittance to ensure recommended user numbers are never exceeded. Please leave valuables at home – lockers will be unavailable until further notice. Please bring your own water bottles with you if required.
- **Court Hire** - spaces will need to be pre-booked and paid for in advance, to mitigate personal contact at Reception between staff and customers. Users will be limited to a maximum of 6. A member of staff will unlock the court for customers at the appropriate time and lock up afterwards. Please bring your own water bottles with you if required.
- **Classes** – spaces will need to be pre-booked and paid for in advance per term, to mitigate personal contact at Reception between staff and customers, and to ensure the recommended number of users is never exceeded. Class sizes have been reduced in number, in line with current government regulations; each zone will provide plenty of space between each participant. Each participant will need to provide their own exercise mat and equipment per session, as we are unable to provide this for the time being.
- If you or anyone you are responsible for shows any signs of infection for COVID-19, such as high temperature, headaches, continuous cough, change to sense of taste or smell, please DO NOT come to the centre. A credit or refund for any missed session will be applied.

During your visit:

- Users must maintain the government-set **social distancing** measures at all times.
- Please follow all directional changes within the centre, as indicated by signage, arrows and floor markings etc.
- **Entrance to the facility is currently through the main double doorway. Exiting the building needs to be via the Squash Court corridor.** Please follow all directions and signage provided for safe exit, taking extra care when leaving the wetside changing rooms or spectating/vending machine area to ensure that there is no-one else at the passing point.
- Please adopt a policy of **frequent hand-sanitising**, and make use of the hand sanitisers provided at various points throughout the centre and additional settings, such as Melbourn College Sports Hall and Dance Studio.
- No queuing or waiting around within the centre; this must be avoided to ensure safe social distancing measures are maintained.
- Use of changing rooms are to be restricted in line with current Government regulations, so these will only be available for those using the swimming pool, and then only after their session.
- Toilet facilities will be provided for all users and regularly cleaned to prevent virus spread; swimming pool facilities for pool users, Disabled toilet for Fitness Suite, dryside toilet for court users/classes and Fitness Suite users if needed/Disabled toilet is in use. Please adhere to social distancing and hand sanitising measures when using toilets.
- **Swimming Pool** – Changing rooms will only be available for after-swim use. Cubicle showers and limited lockers will be available on a rota system, to enable safe distancing measures and proper cleaning between use. Allowable users of changing rooms is limited, so please get dried and changed as quickly as possible. NO SHOWERS are available during our swimming lesson programme.
- **Fitness Suite** – User numbers and equipment available must be limited to ensure safe social distancing is maintained. Please wipe down machines and dispose of tissues in bins provided after use and keep hands



- sanitised. Appropriate sanitisation for both is provided for you. At present, we must limit use of changing rooms so this facility will be restricted to after-swim use only until further notice. The water machine will still be in action but please bring your own water bottle then wipe the activation button after use.
- **Court Hire** - At present, we must limit use of changing rooms so this facility will be restricted to after-swim use until further notice. Courts will have been sanitised between use then secured to avoid the spread of any bacteria. Hand sanitisers and toilet facilities are available but social distancing and sanitising measures must be followed if entering the centre.
- **Classes** - Social distancing will be maintained by all staff, so class content will be more voice-orientated rather than close contact instruction. Hand sanitiser will be provided in the room used for each class. Instructors will position all participants so that when certain moves are being undertaken, such as lying down on mats, no face to face contact between participants will occur. All touch points will be sanitised between classes, then a deep clean conducted once the facility is free after sessions are complete.
- **Vending Machines** – The vending machines are available for use BUT social distancing measures must be followed at all times, and **absolutely no congregating** around the machines will be allowed. Please note – use of vending machines will be prohibited during our swimming lesson and crash course programmes.
- Users must adhere to all directions as indicated and instructed by centre staff, for the safety of all. Anyone not doing so will be asked to leave the premises.

Please also note that we at MSC will:

- Ensure that all our staff are familiar with, and enforce where necessary, all preventative measures to help keep the centre and anyone within it safe.
- Maintain a safe social distance.
- Keep the centre properly aired and ventilated.
- Use a tissue if we cough or sneeze, and dispose of this immediately and safely.
- Carry out extra cleaning tasks, targeting all touch points including equipment and surfaces, to ensure the centre is as clean as possible.
- In the event of an emergency, we will care for you as normal, but will employ a face mask for close contact in first aid situations.

We will continue to keep you updated on government guidelines and safety measures as and when they change. In the meantime, we thank you for your support and custom. Take care and stay safe!

The MSC Team

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